

CHEERLEADING

	8/14/2019	8/15/2019	8/16/2019
Date			
Times	3:30 pm - 6:30 pm	3:30 pm - 6:30 pm	3:30 pm - 6:30 pm
Location	Wrestling Room	Wrestling Room	Wrestling Room
What to Bring	Athletic apparel (must have a plain, blank t-shirt), gym shoes, water bottle, hair tied back		
Coach/Contact	Warnette Moultrie	wtaz69@yahoo.com	

NOTE: Students are expected to attend all tryout sessions and practices that will continue once the team has been selected.

CROSS COUNTRY

	8/14/2019	8/15/2019	8/16/2019
Date			
Times	8:00 - 10:30 am	7:00 -9:30 am	7:00 - 9:30 am
Location	HoHS-By the Tennis Courts	HoHS-By the Tennis Courts	HoHS-By the Tennis Courts
What to Bring	Water bottle, digital watch with timer, sunscreen, towel		
Coach/Contact	Zack Dickerson (B) (G)	zachary_dickerson@hcpss.org	

NOTE: Students are expected to attend all tryout sessions and practices that will continue once the team has been selected.

FIELD HOCKEY

	8/14/2019	8/15/2019	8/16/2019
Date			
Times	3:30 - 6:00 pm	4:00 - 6:00 pm	4:00 - 6:00 pm
Location	Field Hockey Field	Field Hockey Field	Field Hockey Field
What to Bring	Water bottle, stick, shin guards, mouthpiece, Goggles according to ASTM standard F2713-09, sunscreen, cleats, and running shoes		
Coach/Contact	Courtney Sprissler	csprissler11@gmail.com	

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FOOTBALL			
Date	8/14/2019	8/15/2019	8/16/2019
Times	6:00 - 9:00 am	6:00 - 9:00 am	6:00 - 9:00 am
Location	Football Practice Field	Football Practice Field	Football Practice Field
What to Bring	Water jug, cleats, lunch, indoor shoes, t-shirt, shorts, change of clothes (especially socks) JV players need to have a white t-shirt with their last name written (in marker) on the back		
Coach/Contact	Ross Hannon	ross_hannon@hcpss.org	

NOTE: Students are expected to attend all tryout sessions and practices that will continue once the team has been selected.

Boys' & Girls' GOLF			
(Please read the times and locations carefully)			
Date	8/14/2019	8/15/2019	
Times	6:45 am on the Back 9	6:45 am on the Back 9	*Please be warmed up and ready to go at 6:45AM
Location	Timbers at Troy Golf Course	Timbers at Troy Golf Course	Timbers at Troy Golf Course
What to Bring	Clubs, balls, shoes, sunscreen, and proper attire for the course		
NOTE:	Tee times will be assigned at tryouts		Bring your own golf balls to tryouts
Coach/Contact	Joshua McGoun	joshua_mcgoun@hcpss.org	LATE ARRIVALS WILL BE SENT HOME

NOTE: Students are expected to attend all tryout sessions and practices that will continue once the team has been selected.

BOYS' SOCCER			
Date	8/14/2019	8/15/2019	8/16/2019
Times Session 1	8:00 - 10:00 am (9th/10th Grade)	8:00 - 10:00 am (9th/10th Grade)	8:00 - 10:00 am (9th/10th Grade)
Location	Howard HS Track/Stadium Field	Howard HS Track/Stadium Field	Howard HS Track/Stadium Field
Times Session 2	10:00 - 12:00 pm (11th/12th Grade)	10:00 - 12:00 pm (11th/12th Grade)	10:00 - 12:00 pm (11th/12th Grade)
Location	Howard HS Track/Stadium Field	Howard HS Track/Stadium Field	Howard HS Track/Stadium Field
What to Bring	Running shoes/socks, cleats, shin guards, soccer socks, sunscreen, large filled water jug, and a ball to every practice session. Wear white or gray t-shirts		
Coach/Contact	Nils Schroder	nils_schroder@hcpss.org	

NOTE: Students are expected to attend all tryout sessions and practices that will continue once the team has been selected.

GIRLS' SOCCER

Date	8/14/2019	8/15/2019	8/16/2019
Times	5:00 - 8:00 PM	5:00 - 8:00 PM	5:00 - 8:00 PM
Location	Howard HS Track/Stadium Field	Howard HS Track/Stadium Field	Howard HS Track/Stadium Field
What to Bring	Ball, Shinguards, cleats, water bottle, running shoes, sunscreen		
Coach/Contact	Laine Angle	laine_angle@hcpss.org	

NOTE: Students are expected to attend all tryout sessions and practices that will continue once the team has been selected.

VOLLEYBALL

Date	8/14/2019	8/15/2019	8/16/2019
Times Session 1	12:00 pm - 3:00 pm (Varsity)	12:00 pm - 3:00 pm (Varsity)	12:00 pm - 3:00 pm (Varsity)
Location	Main/Aux Gym	Main/Aux Gym	Main/Aux Gym
Times Session 2	4:00 pm - 7:00 pm (JV/9th Grade)	4:00 pm - 7:00 pm (JV/9th Grade)	4:00 pm - 7:00 pm (JV/9th Grade)
Location	Main/Aux Gym	Main/Aux Gym	Main/Aux Gym
What to Bring	Shorts, t-shirt, athletic shoes, water bottle; optional equipment - volleyball shoes and kneepads		
Coach/Contact	Allison Ose	allison_ose@hcpss.org	

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